

# Laboratory Information Packet for: J. Doe



Dr. Dempster, ND utilizes various functional medicine laboratory tests to evaluate your current individual health status. This type of testing is extremely specific compared to most traditional lab tests, and some customized panels are not available elsewhere. Dr. Dempster, ND is very discriminating in his choice of labs and has developed a strong relationship with chosen providers. As a strategic part of your client care, all lab test kits are provided through our clinic.

This packet contains Dr. Dempster's, ND laboratory recommendations. The results are an essential element of your customized client care, and assist him in designing a nutritional lifestyle protocol specific to you. Should you have any questions, please do not hesitate to contact our office.

The following tests are blood tests that are completed at LifeLabs.

We carry the requisitions/kits here in the office.

- Comprehensive Allergy Testing
- Comprehensive Food Sensitivity Testing
- Comprehensive Inflammatory Panel
- Comprehensive Nutritional Panel
- Celiac Disease Testing
- Fatty Acid Profile
- Inflammation Assessment
- Lyme Disease Testing
- Comprehensive Thyroid Panel
- Enhanced Healthy Living Assessment

The following tests are home kits that you will perform and drop off at LifeLabs once completed. Alternatively, they can be sent to the lab from your place of residence directly.

We carry the kits here in the office and all come with prepaid postage labels.

- Comprehensive Stool Analysis
- Comprehensive Urine Hormone Analysis
- Mold Testing
- Mycotoxin Testing
- Organic Acid Testing (Urinary Metabolic Profile)
- Small Intestinal Bacterial Overgrowth (SIBO) Testing
- Toxic Metal Urine Analysis